



EMCC Global
Individual
Accreditation



Chatter of
MAGPIES

Coaching and Mentoring
for Allied Health Professionals

ADHD WORKPLACE COACHING FOR ALLIED HEALTH PROFESSIONALS

Bundles and scheduled sessions to help you get the most from your ADHD coaching sessions - January 2025

You do not need to have a formal diagnosis to start coaching.

Discovery Call

- 30 minutes via Zoom.
- Explore how ADHD coaching works and decide if it's the right fit.
Cost: Free

[Book yourself in](#) at a time that suits you, no pressure and no obligation!

Short-Term Focus

Perfect for tackling one specific challenge or decision.

- **3 sessions** (1.5 hours each).
- **WhatsApp support:** 4 accountability check-ins between sessions.
 - Sessions to be completed within 3 months.

Cost: £285

[Book this package](#)

Sustainable Success Plan

For building sustainable strategies over time individually tailored to your context.

- **12 sessions** (1.5 hours each) to use over 12 months.
- **WhatsApp support:** Unlimited accountability check-ins.
Cost: £1,140

[Book this package](#)



Burnout Breakthrough Coaching

For making transformational changes across your work and personal life, tackling the issues that keep bringing you to burnout, and rethinking your clinical practice so it works for you.

- **20 sessions** (1.5 hours each) to use over 12 months.
- **WhatsApp support:** Unlimited accountability check-ins.
 - **Exclusive benefits:**
 - Free access to on-demand ADHD webinars and resources (usual cost: £10/session).
 - **Priority booking** for evenings or Sunday mornings.
 - Access to peer support groups and additional body doubling and accountability sessions to make sure that the changes you design are put in place and stick.

Cost: £1,900

[Book this package](#)

Individual Sessions

For short-term clarity or troubleshooting.

- 1 session (1 hour) via Zoom.

Cost: £95

[Book one session now](#)

If you are using Access to Work funds to pay for coaching, please see the [Access to Work fees page](#).

If you need a more bespoke package, or if you need me to invoice for payment in smaller instalments, [please contact me](#) and I will do what I can to help